

We are interested in minimizing $\phi: \mathbb{R}^n \rightarrow \mathbb{R}$ using an iterative algorithm:

$$x_{k+1} = x_k + \alpha_k d_k. \quad (1)$$

Question: (i) what should the sequence d_k be?

(ii) For a given choice of d_k what should α_k be?

For (ii) the best choice would be

$$d_k^* = \arg \min_{\alpha} \phi(x_k + \alpha d_k)$$

to be determined by searching in the line defined by $\{x_k + \alpha d_k : \alpha \in \mathbb{R}\}$. Exact one dimensional line search may be costly / impractical and often one uses suboptimal rules (e.g. Armijo's rule)

d_k is called a descent direction if at x_k , there exists $\delta > 0$ such that

$$\phi(x_k + \alpha d_k) < \phi(x_k)$$

for all $\alpha \in (0, \delta)$. In particular,

Let $\nabla \phi(x)$ be defined as ^{the} unique vector field (gradient) such that

$$\langle \nabla \phi(x), h \rangle = D\phi(x) \cdot h$$

$\forall h \in \mathbb{R}^n$ and $\langle \cdot, \cdot \rangle$ denotes a positive definite inner product on \mathbb{R}^n

Then, d_k is a descent direction if

$$\begin{aligned}
 \langle \nabla \phi(x_k), d_k \rangle &= D\phi(x_k) \cdot d_k \\
 &= \lim_{\alpha \rightarrow 0} \frac{\phi(x_k + \alpha d_k) - \phi(x_k)}{\alpha} \\
 &= \lim_{\alpha \rightarrow 0^+} \frac{\phi(x_k + \alpha d_k) - \phi(x_k)}{\alpha} \\
 &< 0 .
 \end{aligned}$$

Consider $\bar{d}_k = -\frac{\nabla \phi(x_k)}{\|\nabla \phi(x_k)\|}$

where $\|y\| = \sqrt{y \cdot y}$. It is a descent direction.
if $D\phi(x_k) \neq 0$.

For any d_k , with $\|d_k\| = 1$

$$\langle \nabla \phi(x_k), d_k \rangle \geq - |\langle \nabla \phi(x_k), d_k \rangle|$$

$$\geq - \|\nabla \phi(x_k)\| \cdot \|d_k\|$$

(Cauchy-Schwarz)

$$= - \|\nabla \phi(x_k)\|$$

$$= \langle \nabla \phi(x_k), \bar{d}_k \rangle$$

Hence we call \bar{d}_k the direction of steepest descent at x_k and (1) is a steepest descent alg. if $d_k = \bar{d}_k$

Theorem Suppose $\phi: \mathbb{R}^n \rightarrow \mathbb{R}$ is C^1 on the set $S = \{x \in \mathbb{R}^n : \phi(x) \leq \phi(x_0)\}$. Suppose that S is a closed and bounded set and $\{x_k\}$ is generated by

$$x_{k+1} = x_k + \alpha_k \left(-\frac{\nabla \phi(x_k)}{\|\nabla \phi(x_k)\|} \right)$$

where α_k is chosen by line search.

Then every point \bar{x} that is a limit point of the sequence $\{x_k\}$, satisfies $\nabla \phi(\bar{x}) = 0$.

Proof (by contradiction).

By Weierstrass, at least one limit point of the sequence $\{x_k\}$ must exist, say \bar{x} . Without loss of generality assume that $\lim_{k \rightarrow \infty} x_k = \bar{x}$.

Suppose $\nabla \phi(\bar{x}) \neq 0$.

Then there is $\bar{\delta} > 0$ such that

$$\delta = \phi(\bar{x}) - \phi(\bar{x} + \bar{\delta} \bar{d}) > 0$$

where $\bar{d} = -\nabla \phi(\bar{x}) / \|\nabla \phi(\bar{x})\|$. Also $\bar{x} + \bar{\delta} \bar{d} \in$ the interior ~~boundary~~ of S .

Let d_k be the sequence of descent directions, $d_k = -\nabla \phi(x_k) / \|\nabla \phi(x_k)\|$

Since ϕ is C^1 , $\lim_{k \rightarrow \infty} d_k = \bar{d}$

Since $\bar{x} + \bar{\alpha} \bar{d} \in \text{interior}(S)$

and $x_k + \bar{\alpha} d_k \rightarrow \bar{x} + \bar{\alpha} \bar{d}$ for k large
we have,

$$\begin{aligned}\phi(x_k + \bar{\alpha} d_k) &\leq \phi(\bar{x} + \bar{\alpha} \bar{d}) + \frac{\delta}{2} \\ &= \phi(\bar{x}) - \delta + \frac{\delta}{2} \\ &= \phi(\bar{x}) - \frac{\delta}{2}\end{aligned}$$

But $\phi(\bar{x}) \leq \phi(x_k + \alpha_k d_k)$

$$\begin{aligned}&\leq \phi(x_k + \bar{\alpha} d_k) \\ &\leq \phi(\bar{x}) - \frac{\delta}{2}\end{aligned}$$

a CONTRADICTION.

Thus $\bar{d} = \nabla \phi(\bar{x}) = 0$

□

In the next page we state a theorem
that generalizes the result here to infinite
dimensions.

Theorem Let $\phi: X \rightarrow \mathbb{R}$ be a functional on a Hilbert space X , which is bounded below and twice Fréchet differentiable. Let $x_1 \in X$.

Let $S \subset X$ be defined as the closed convex hull of $\{x: \phi(x) < \phi(x_1)\}$.

Suppose $D^2\phi(x)$ is self-adjoint and satisfies $0 < m \leq D^2\phi(x) \leq M$ $\forall x \in S'$.

If $\{x_n\}$ is the sequence generated by steepest descent applied to ϕ starting at x_1 , then $\phi'(x_n) = (D\phi)(x_n) \rightarrow 0$ as $n \rightarrow \infty$.

Furthermore, $\exists x^* \in S$ such that $x_n \rightarrow x^*$ and $x^* = \inf \{\phi(x): x \in X\}$

EXAMPLE

Steepest Descent in the Quadratic Case.

Let X be a Hilbert space (i.e. a vector space with positive definite inner product $\langle \cdot, \cdot \rangle : X \times X \rightarrow \mathbb{R}$ and associated $\|\cdot\|$ defined by $\|x\| = \sqrt{\langle x, x \rangle}$ satisfying $(X, \|\cdot\|)$ is a Banach space).

Let $Q : X \rightarrow X$ be a bounded linear operator satisfying

$$(i) \quad Q = Q^* \quad (\text{self-adjointness})$$

$$(ii) \quad m = \inf_{x \neq 0} \frac{\langle x, Qx \rangle}{\langle x, x \rangle} > 0$$

$$M = \sup_{x \neq 0} \frac{\langle x, Qx \rangle}{\langle x, x \rangle} > 0$$

One can then show that Q is invertible ~~is~~.

For each $b \in X$, $Qx = b$ has a unique solution which is simply the minimizer of the function $\phi : X \rightarrow \mathbb{R}$

$$x \mapsto \phi(x) = \langle x, Qx \rangle - 2 \langle b, x \rangle.$$

A descent algorithm for ϕ is of the form

$$x_{n+1} = x_n + d_n \alpha_n$$

$$= x_n - \frac{1}{2} \alpha_n (\mathcal{D}\phi)(x_n)$$

$$= x_n + \alpha_n (b - Qx_n)$$

Steepest Descent

$$\alpha_n = \frac{\langle b - Qx_n, b - Qx_n \rangle}{\|b - Qx_n\|^2}$$

Carry out the details of this example.